## **Convulsions / Seizures**

- S.T.O.P!
- Clear a space around the patient, loosen clothing and protect their head.



- DO NOT try to restrain the patient or put anything in their mouth.
- When the convulsion is over, place in the recovery position.
- Remain with the patient until they completely recover or until assistance arrives.
- Seek medical assistance or consider calling an ambulance.