

# Asthma

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- **S.T.O.P!**
- Identify yourself.
- Maintain and Monitor ABC's.
- Reassure and Comfort patient.
- Assist them to take their medication.
- **If they do not respond to their medication, or if their action plan indicates - Call an ambulance!**



**An Asthmatic is considered to be in a serious condition When:**

- They can only speak three words or less.
- They are on steroid medication.
- They have been in hospital within two weeks because of Asthma.
- They do not respond to inhalers, nebulisers or to their action plan.